

**The *World Health Organization* approves
Traditional Chinese
Medicine (TCM) for
treatment of the following**

- Abdominal Pain
- Allergies
- Anxiety
- Asthma
- Back Pain
- Circulatory Disorders
- Colds/Flu
- Constipation
- Depression
- Diabetes
- Diarrhea
- Ear, Nose, and Throat
- Eye and Skin Disorders
- Fatigue
- Gynecological Disorders
- Headache/Migraine
- High Blood Pressure
- Immune Deficiency
- Indigestion
- Insomnia
- Joint and Body Pain
- Menopause
- PMS
- Reproductive Disorders
- Smoking/Addictions
- Sports Injuries
- Stress Management
- Trauma
- Urinary Problems

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Constitutional Acupuncture Facial Rejuvenation



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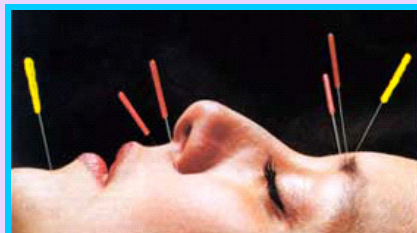
Constitutional Acupuncture Facial Rejuvenation

Improving health, nourishing Spirit, and enhancing beauty through natural medicine.

Constitutional Acupuncture Facial Rejuvenation is a natural and effective way to lift and tone the features of the face and neck, smooth skin, minimize wrinkles, and improve overall health. Acupuncture is used with other modalities to stimulate energetic points that firm and tighten specific areas of the face, increase collagen/elastic production, reduce deep wrinkles and scars, and minimize fine lines. It also helps to smooth and brighten skin tone, reduce puffiness and inflammation, repair damaged skin, and prevent facial sagging and wrinkling.

In addition to facial acupuncture, the patient receives body acupuncture to treat internal imbalances, improve physical/mental/emotional health, increase moisture levels, and enhance immunity, stamina, and longevity. This pampering and rejuvenating treatment also includes an herbal wash, tea mask, LED light therapy, a microcurrent session, and a facial massage*.

** All herbs and creams used are of the highest quality and are not animal tested.*



1 + Hour Treatment (\$60.00 + tax)

- ◇ One facial target area and body acupuncture
- ◇ Organic oats and goat's milk facial wash
- ◇ Tea mask (moisturizing/soothing)
- ◇ LED light therapy (15 minutes)
- ◇ Mini-Microcurrent treatment (5-7 minutes)
- ◇ Facial massage and jade rollers

2 + Hour Treatment (\$110.00 + tax)

- ◇ Two or three target facial areas and body acupuncture
- ◇ Organic oats and goat's milk facial wash
- ◇ Tea mask (moisturizing/soothing)
- ◇ LED light therapy (30 minutes)
- ◇ Herbal mask (lifting/tightening)
- ◇ Maxi-Microcurrent treatment (15-20 minutes)
- ◇ Deluxe facial massage (includes neck, hands, and feet)
- ◇ Jade rollers and flower water spritz

Dr. Aileen Shepherd received her Master's Degree in Oriental Medicine from the International Institute of Chinese Medicine in December 1998. She is nationally board certified by the NCCAOM (National Certified Commission for Acupuncture and Oriental Medicine), is licensed by the state of New Mexico as a Doctor of Oriental Medicine, and has been in practice since January 2000. She received her Bachelor of Arts degree from UNM in December 1994, as a double major in English and French Literature.

Dr. Shepherd was trained in Constitutional Facial Acupuncture Renewal by Mary Elizabeth Wakefield, a leader in acupuncture facial rejuvenation, who has appeared on the Fox Network Morning Show. Ms. Wakefield has also been celebrated in articles found in the *New York Times*, the *California Journal of Oriental Medicine*, and *Acupuncture Today* as well as being awarded *Educator of the Year* by the AAOM (American Association of Oriental Medicine) in 2005.

**For more information on
Facial Acupuncture Rejuvenation
or to schedule an appointment, please call
BodyWise Therapy Services
at 575- 838-1100 or visit
www.bodywise1@qwestoffice.net**